Salads Serves 8-12

Greek Salad \$88.00
jewel blend lettuce, spinach, cherry tomatoes, red pepper, kalamata olives, cucumbers, za atar croutons, lemon herb vinaigrette
+ crumbled feta \$10.00

Roasted Beet Salad \$88.00

jewel blend lettuce, red & golden roasted beets, feta cheese, pistachios, honey lemon vinaigrette

Berry Salad \$82.00 jewel blend lettuce, strawberries, blueberries, toasted pecans, locally sourced goat cheese, whitebalsamic vinaigrette

Caesar Salad \$84.00 jewel blend lettuce, shaved parmesan, roasted cherry tomatoes, locally sourced sourdough croutons, lemon Caesar vinaigrette

Spring Farro \$96.00 jewel blend lettuce, cucumbers, farro, toasted chickpeas, radish, red onion, cherry tomatoes, mint, dill, lemon herb vinaigrette

Thai Chopped \$88.00 local jewel blend lettuce, red pepper, edamame, basil, carrots, scallions, mandarin orange, soy ginger vinaigrette

+ grilled chicken (\$40.00) + grilled shrimp skewers (\$72.00) + marinated ahi tuna (64.00) + rice flour fried tofu (\$32.00) + Sub Super greens kale, spinach, jewel blend to any salad (\$8.00)

Sandwich & Pita Platters

House Roasted Turkey 16 halves / \$120.00 locally sourced sourdough, house roasted sage turkey, lettuce, tomatoes, avocado, olive oil mayo

Chicken Caesar Pita \$88.00 pita, roasted tomatoes, grilled blackened chicken, jewel blend lettuce, shaved parmesan, locally sourced sourdough croutons, lemon Caesar vinaigrette

Chicken Salad \$96.00

locally sourced sourdough or pita, jewel blend lettuce, house made chicken salad, apple, walnut salad

Mediterranean Pita \$72.00

pita, hummus, red peppers, cucumber, kalamata olives, cherry tomatoes, lemon herb vinaigrette + crumbled feta \$10.00

Fried Chicken Sandwich \$96.00 almond flour fried chicken, locally sourced sourdough, house made pickle chips, Havarti cheese, olive oil mayo

Family Style Bowl Serves 10-12

Ahi Tuna Poke \$110.00 locilantro lime rice, marinated ahi tuna, avocado, cucumbers red pepper, spring onion, toasted sesame seeds, soy ginger sauce, spicy mayo

Grilled Shrimp Poke \$110.00 cilantro lime rice, grilled shrimp skewer, avocado, shredded carrots, pineapple, jalapeno, toasted furikake, seasoning, ponzu sauce, spicy mayo



Individual Bundle Packs 10 / 15 / 20

Breakfast Bundles \$110.00 / \$165.00 / \$220.00

Wake up Wake up burrito, Vegan Frittata, Brekkie Sandwich

Bowl Bundles \$140.00 / \$240.00 / \$280.00

Ahi Tuna Poke, Grilled Shrimp Poke, Short Rib Lettuce Cups

Salad Bundles \$120.00 / \$180.00 / \$240.00

Greek Salad, Caesar Salad, Berry Salad + ahi tuna + grilled shrimp + grilled chicken

Sandwich Bundles \$150.00 / \$225.00 / \$300.00

Chicken Salad, House Roasted Turkey, Mediterranean Pita

Build your own Ramen \$180.00 / \$270.00 / \$360.00

Broth Pick Two: beef, chicken, miso

Protein Pick Two: braised short rib. grilled shrimp, rice flour fried tofu, roasted chicken, egg Toppings: shredded carrots, red pepper, edamame, shiitake mushrooms, scallions, spinach

Sauces: chili oil, sriracha, toasted sesame oil, soy ginger sauce

Smoothie Packs 6 / 12 —

Strawberry Peach Tea

strawberry, peach, black tea. mint, local honey

PBB&J

banana, organic peanut butter, Greek vogurt, dates, almond milk

Green Goddess

kiwi, lemon juice, celery juice, cucumber, green apple, mint, local honey

The OG

strawberry, banana, Greek yogurt, fresh pressed orange juice

\$45.00 / \$90.00 16 07

Dirty Buckeye banana, peanut butter, Greek vogurt. cocoa, almond milk, green coffee powder

Avo-tastic

avocado, pineapple, mango, coconut milk, spinach, local honey

Berry Acai

blueberry, strawberry, Greek yogurt, raspberry, acai, fresh pressed apple juice

Tropical Bliss

pineapple, mango, Greek yogurt. fresh pressed orange juice

- Individual Packs 6 / 12 ———

Overnight Oats \$48.00 / \$96.00

sprouted rolled oats with spiced maple syrup, orange marmalade, flax seed, blueberry, house made granola.

Fresh Fruit \$38.00 / \$78.00

seasonal fresh cut fruit, strawberry fruit dip

Seasonal Yogurt \$33.00 / \$64.00

Greek or vegan vogurt, house made granola

Breakfast Platters Serves 12

Fresh Baked Muffins \$48.00

12 assorted muffins / Blueberry, Zucchini Nut, Banana Nut

Fresh Baked Croissants \$48.00

12 fresh baked croissants / Berry Lemon Compote, Whipped Butter

+ chicken salad

Vegan Frittata \$92.00

"Just Egg", roasted vegetables, spinach, caramelized onions, roasted mushrooms, side of Rejuv sauce. choice of mixed green salad or sweet potato fingerling hash

Brekkie Sandwich \$130.00

scrambled local eggs with chives. Harvarti cheese, beyond sausage served on a fresh baked croissant

Avocado Smash Toast \$140.00

locally sourced sourdough, smashed avocado, radish, cherry tomatoes, everything bagel seasoning + crumbled feta + hard boiled eggs

Wake up. Wake up burrito \$110.00

locally sourced scrambled eggs, sweet potato and fingerling hash, black beans, pepper jack cheese + applewood smoked bacon + beyond sausage

-Cold Pressed Juice Packs 6 / 12 ----\$58.00 / \$110.00

Tough - Immunity

- spinach, lemon, cucumber, celery, ginger,
- carrot, pineapple, orange, orange bell pepper. lemon

Detoxed- Digestion

- carrot, apple, ginger, lemon
- pear, pineapple, cucumber, mint

Alive - Heart Health

- cucumber, apple, pear, kiwi, celery, lemon,
- watermelon, beet, strawberry, orange, lemon

Shinning - Complexion

- tomato, carrot, celery, spinach, beet, garlic
- strawberry, cantaloupe, lemon, ginger

Shareables Serves 10-12 -

Hummus \$100.00

house made hummus, za'atar pita chips, cucumber, carrots, celery, olives + crumbled feta \$10.00

Ahi Tuna Nachos \$160.00

ahi tuna salad, spicy mayo, soy ginger sauce, scallions, corn chips

Short Rib Lettuce Cups \$245.00

braised short rib, jewel blend lettuce, scallions, furikake seasoning, chipotle mayo

Roasted Tomato Guacamole \$120.00

smashed avocado, roasted tomatoes, pickled red onion, cilantro, jalapeno, corn chips + crumbled feta \$10.00